

Central Arizona College

8470 N. Overfield Road

Coolidge, AZ 85128

Phone: (520) 494-5444

HPM 125 Nursing Assistant

Catalog Description: Entry-level nursing skills, supervised clinical experience, and basic anatomy, physiology, nutrition, and medical terminology pertinent to nursing assistants in nursing homes or hospitals. Potential students convicted of a felony may not apply for state certification or licensure until five years after the absolute discharge of sentence. (All court-ordered terms of probation or parole must be completed at least five years prior to the date of application.)

Credit Hours: 6

Effective Term: Fall 2011

Teaching Methods: Lab Lecture

Modalities: Face to Face Hybrid ITV Online

Prerequisite(s): HS diploma or GED, RDG094, Registration Packet must be completed

Corequisite(s): None

Times for Credit: 1

Grading Option: A/F

Credit Breakdown: 4 Lectures, 6 Labs

Cross Listed: None

Learning Outcomes: Upon completion of the course the student will be able to perform the following at an entry level:

1. (Comprehension Level) Discuss the role and career opportunities for the Nursing Assistant, consumer rights and responsibilities in health care, and ethical and legal issues affecting the Nursing Assistant.
2. (Comprehension Level) Describe the expanded role of the Nursing Assistant in rehabilitation and restorative services, obstetrical and neonate clients, pediatric clients, and related special procedures.
3. (Application Level) Demonstrate communication and interpersonal skills including observation, relating to clients, reporting, documentation, and nursing team member skills.
4. (Application Level) Apply knowledge of anatomy & physiology, medical terminology, body organization, common disorders and diseases and related care procedures for all body systems.

5. (Application Level) Demonstrate basic nursing skills including vital signs, height and weight, and bed making.
6. (Application Level) Demonstrate personal care skills including client bathing and general comfort measures.
7. (Application Level) Demonstrate special care procedures including warm and cold applications, assisting with physical examinations, care of surgical clients, care of emotionally stressed and dying clients.
8. (Application Level) Demonstrate safety, body mechanics, and mobility including environment safety, nursing assistant safety, client safety and positioning, transfer skills, and client ambulation.
9. (Application Level) Demonstrate medical asepsis and infection control.
10. (Application Level) Demonstrate care of the elderly, chronically ill, subacute client, and the cognitively impaired client.
11. (Comprehension Level) Explain individual client's need for independence and methods to accomplish this in daily care.
12. (Comprehension Level) Explain individual client needs including age-specific mental health and social service needs.
13. (Comprehension Level) Explain the client's rights such as right to confidentiality, right to privacy, and right to be free from abuse, mistreatment, and neglect.
14. (Comprehension Level) Explain the right to report abuse, mistreatment and neglect to appropriate staff.
15. (Comprehension Level) Explain appropriate responses to basic emergencies. (Pre-requisite is CPR for the Healthcare Provider.)
16. (Comprehension Level) Explain nutritional needs and diet modifications for various medical conditions.
17. (Application Level) Demonstrate admission, transfer and discharge procedures of clients.

Standards/Assessments: The students will demonstrate the skills required for effective Nursing Assistant responsibilities for clients under supervision of an instructor in the classroom and at the client sites.

The Arizona State Board of Nursing has established standardized competencies to meet the various roles of the Nursing Assistant and has approved this course.

Arizona State Board of Nursing Web Site:

<http://www.azbn.gov/documents/education/Initial%20Application%20Packet.06.30.2008.pdf>

**AGEC/Special
Requirements:** None

Revised: December 2010